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Katie Cataldi -Tree of Life Wellness A Divine Journey through Egypt

File: 1096H

☀️ Awaken to the timeless wisdom of Ancient Egypt on this transformative **on this transformative 12-day Divine journey**, where each sacred site becomes a gateway to deeper remembrance, healing, and inner awakening.

Beginning beneath the watchful gaze of the Great Pyramids in Cairo, your journey unfolds through the powerful landscapes of **Saqqara, Giza**, and the magnificent **Grand Egyptian Museum**, before travelling south to the temples of **Luxor, Dendera**, and **Abydos**. Along the way, you'll experience a series of extraordinary **private access visits**, including an exclusive **after-hours entry into the Great Pyramid of Khufu**, a **private visit to the Temple of Ptah and Sekhmet at Karnak**, and privileged time within some of Egypt's most spiritually significant sacred spaces—creating moments of stillness and connection rarely available to visitors.

Board your luxury Nile cruise and surrender to the gentle rhythm of the river as you explore the great temples of **Karnak, Luxor**, the **Valley of the Kings, Edfu, Kom Ombo**, and **Philae**. Each destination offers an opportunity to awaken a different aspect of the soul—moving from remembrance and transformation to balance, love, and spiritual renewal.

Blending Egypt's extraordinary archaeological treasures with meaningful ceremonies, private temple experiences, ancient healing traditions, nourishing local cuisine, and time for personal integration, this carefully curated journey is designed not simply to visit Egypt, but to experience its enduring spiritual legacy. As your pilgrimage draws to a close, you return home carrying not only unforgettable memories, but a deeper connection to yourself and the timeless wisdom of this sacred land.

Suggested accommodation:



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CAIRO: Steigenberger pyramids (pyramid view room) or similar

LUXOR: Sonesta Luxor (Nile view) or similar

Abydos: House of life or similar

CRUISE: Steigenberger Legacy or similar

AIRPORT: Le meridian Airport or similar

*Hotel Disclaimer: October/November are high season The hotels listed in this itinerary are subject to availability at the time of booking. In the event that a listed property is unavailable, accommodation of a similar standard, category, and location will be provided. Aurora Travel Egypt ensures that all substitute hotels will maintain the quality and comfort expected of your travel experience.

Detailed Daily Experiences

Day 1 – Arrival in Cairo | The Awakening Begins Tuesday 3rd November 2026

Airport Arrival Procedures

Upon arrival at Cairo International Airport, a Aurora Travel Egypt representative will be waiting **inside the terminal before passport control**, holding a sign with your name/Aurora Travel Egypt logo.

They will warmly welcome you and assist with arrival formalities, including guidance with **visa-on-arrival procedures** (where applicable), passport control, baggage collection, and customs.

Once you have collected your luggage, you will be escorted to your private air-conditioned vehicle for the transfer to your hotel.

From the moment you arrive, our team is there to ensure a smooth, comfortable, and stress-free start to your sacred journey through Egypt.

After settling into your rooms, rest and freshen up you will join the group for a Welcome Dinner

Hotel: Steigenberger Pyramids or similar

Meals: Dinner included

Day 2 – Saqqara | Awakening the Inner Voice Wednesday 4th November 2026

After breakfast, you journey to **Saqqara**

Walking among the timeless monuments, you visit **the Step Pyramid**

At the Pyramid of Unas, the earliest sacred writings reveal a path of ascension, inviting a deeper connection between the human and the divine.

In the hidden chambers of **the Serapeum**, a profound stillness surrounds you—an energy that calls for reflection, alignment, and quiet remembrance.

A traditional Egyptian **lunch** follows, offering a moment to ground, integrate, and simply be.

Before returning to our hotel, you are welcomed into a sacred encounter with an **Egyptian healer**, where the ancient language of **oils and energy** is shared.

Hotel: Steigenberger Pyramids or similar

Meals: Breakfast, Lunch & Dinner

Day 3 – Giza & the Sphinx | Awakening the Eternal Within Thursday 5th November 2026

After breakfast, you step onto the sacred grounds of **the Giza Plateau**, standing before the Great Pyramid of Khufu—where earth and cosmos meet. In this powerful presence, a quiet alignment awakens within: as above, so below; as within, so without.

Before the timeless gaze of the **Great Sphinx of Giza**

Lunch

As evening falls, you enter **the heart of the Great Pyramid of Khufu for a private two-hour visit.**

Hotel: Steigenberger Pyramids or similar

Meals: Breakfast, Lunch, & Dinner

Day 4 – GEM and Transfer from Cairo to Luxor | Friday 6th November 2026

After breakfast, you gently close this chapter and check out of your hotel,

Before departing Cairo, you visit **the new Grand Egyptian Museum**

You then continue to the airport for your **flight south.**



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Upon arrival in Luxor, you are transferred to your hotel, where you may rest and settle into the hotel.

Hotel: Sonesta St. George or similar

Meals: Breakfast, Lunch, & Dinner

Day 5 – Karnak & Luxor | Igniting the Inner Sun Saturday 7th November 2026

After breakfast, you enter the vast sanctuary of **Karnak Temple Complex**, where ancient stones still hum with unseen power. Here, within the **private visit to the Temple of Ptah and Sekhmet**, a quiet fire awakens—the energy of will, truth, and inner alignment. Though time has touched these walls, their essence remains, inviting you to stand fully in your own being.

You return to your hotel for rest and integration, allowing the morning's resonance to settle within.

In the afternoon, you may choose to create a personal cartouche—your name shaped into sacred form, a symbol of identity carried through time.

As night falls, you walk beneath the stars into **Luxor Temple**, where the ancient Opet Festival once flowed between Karnak and Luxor. In this illuminated stillness, you sense the union of energies—the divine meeting the human, the eternal touching the present.

Hotel: Sonesta St. George or similar

Meals: Breakfast, Lunch & Dinner

Day 6 – Dendera | The Heart Awakens Sunday 8th November 2026

After breakfast, you check out and journey north to the sacred halls of the **Dendera Temple Complex**, home of the radiant Goddess Hathor. Here, in this beautifully preserved sanctuary, you are invited to soften into the heart—into love, joy, and the gentle rhythm of divine harmony. In Hathor's presence, the spirit remembers its natural state of bliss and connection.

From here, the path continues toward **Abydos**. Upon arrival at your peaceful retreat near Abydos, you are welcomed with a nourishing meal—an invitation to rest, ground, and receive all that has been opened within.

Hotel: House of Life

Meals: Breakfast, Lunch & Dinner

Day 7 – Abydos | Gateway of the Eternal Heart Monday 9th November 2026

After breakfast, you enter the sacred realm of **Abydos Temple of Seti I**—one of Egypt's most revered sanctuaries. Long devoted to Osiris, lord of transformation, Abydos has always been a place of pilgrimage, where the veil between worlds feels gently lifted.

Here, in this holy ground, you are invited inward—to the stillness of the heart, to remembrance, to the quiet unfolding of life's deeper purpose. In the presence of the ancient carvings, the sacred geometry of the Flower of Life whispers of unity, creation, and the eternal cycle of becoming.

Later, you return to Luxor and board your **Nile cruise**, where the river begins to carry you softly forward—both through the land, and within.

Nile Cruise: Steigenberger Legacy or similar

Meals: Breakfast, Lunch, & Dinner

Day 8 – Tuesday November 10th 2026 West Bank of Luxor | Journey Beyond the Veil

After breakfast onboard, you cross to the **West Bank**, where the path of transformation unfolds. In the **Valley of the Kings**, you walk among hidden chambers of eternity, where ancient souls prepared for their passage beyond.

You then visit the serene temple of **Temple of Hatshepsut**, where strength, grace, and vision are carved into the living rock.

A visit to a local alabaster workshop follows, where stone is transformed into light—mirroring the quiet shaping of your own journey.

Upon returning to your cruise, the Nile begins to carry you gently forward. As you start sailing, surrender to the river's timeless rhythm, allowing its flow to guide both your path and your inner unfolding.

Nile Cruise: Steigenberger Legacy or similar

Meals: Breakfast, Lunch, & Dinner

Day 9 – Wednesday November 11th 2026 Edfu | The Victory of Light



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After breakfast, you journey to the **sacred temple of Edfu**, a place where ancient myth still breathes through stone. Here, the story of Horus and Seth unfolds—the eternal dance between light and shadow, reminding you of the power within to rise, to transform, and to stand in truth.

Within these walls, a deeper strength awakens—clarity, courage, and the quiet triumph of the heart aligned with purpose.

You then return to your cruise for lunch, as the Nile carries you onward—flowing gently, like the journey within.

Nile Cruise: Steigenberger Legacy or similar **Meals:** Breakfast, Lunch, & Dinner

Day 10 – Thursday November 12th 2026 Komombo | Sacred Balance Within

After breakfast, you step into the unique sanctuary of **Komombo Temple**—a temple of duality, where two forces exist in perfect balance. Here, you are invited to reflect on your own inner contrasts—the light and the shadow, the past and the becoming.

Along the temple's central axis, a quiet harmony reveals itself. In this still point, beyond polarity, you may sense a deeper union within—where all aspects of your being are gently brought into balance.

You then return to your cruise, and as you begin sailing toward Aswan.

Nile Cruise: Steigenberger Legacy or similar **Meals:** Breakfast, Lunch, & Dinner

Day 11 – Friday November 13th 2026 Aswan & Philae | Returning to the Source

After breakfast, you gently close your time on the Nile and disembark, carrying with you the quiet wisdom of the journey.

You then visit the **sacred island temple of Philae**, devoted to Isis—the embodiment of divine love and feminine grace. Here, you are invited to ground deeply and reconnect with the steady presence of love within.

From this place of stillness, you transfer to the airport for your flight back to Cairo.

Upon arrival, you check into an airport hotel—offering rest and a gentle pause as your journey nears completion.

Hotel: Le Meridian airport or similar

Meals: Breakfast, Lunch, & Farewell Dinner

Day 12 – Saturday November 14th 2026 Departure | The Journey Continues

In the quiet stillness of departure, you prepare to leave Cairo—yet not as you arrived.

As you make your way to the airport for your international flight, carry with you the echoes of this sacred land—the memories, the awakenings, the unseen shifts within.

Though the journey outward comes to a close, the path within continues—guiding you forward, long after Egypt fades from sight.

Meals: Breakfast

Inclusions	Exclusions
• Meet & assist upon arrival and departure • All private transfers in air-conditioned vehicles • Domestic flights (Cairo – Luxor / Aswan – Cairo)	• International flights • Entry visa to Egypt \$30 (can be bought ahead of time or our staff can assist with this at the airport) • Travel insurance • Optional activities

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| <ul style="list-style-type: none"> • Accommodation in carefully selected 5-star hotels & Nile cruise • Daily breakfast, plus meals as mentioned in itinerary • Private Egyptologist/Tour guide throughout • Entrance fees to all mentioned sites • Special access experiences (including Great Pyramid entry, Temple of Ptah and Sekhmet in Karnak) • Sacred workshop with Egyptian healer • Unlimited bottled water during tours • All service charges and taxes | <ul style="list-style-type: none"> • Personal expenses (laundry, phone calls, minibar, etc.) • Tips and gratuities \$300 (US cash) for staff at hotels, sightseeing, drivers, restaurants, etc. The guide will collect on the first day and then handle tipping for you. • Cash tip (US preferred) for Egyptologist last day of trip. Katie does not need to be tipped unless you feel moved to do so. • Any meals not mentioned • Any services not clearly stated in the itinerary |
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General Info

- Tour begins November 3rd and ends on the 14th - Intimate group of 10-20 people
- International flights should be booked to/from Cairo International Airport
- Pre/post nights (if you'd like to come early or stay late, we can help book those nights in the same hotel if available)
- \$7000 per person for a **double occupancy** room
 - We will do our best to pair up people accordingly.
 - If you would like to request a single room, there will be an added charge of \$1200 for accommodation supplement

Weather in November – Cairo, Nile Cruise, Luxor & Aswan

- November is one of the best months to travel through Egypt, with warm sunny days, cooler evenings and very little rainfall. It is ideal for sightseeing, Nile cruising and exploring ancient temples.
- **Cairo:** Pleasant days around 24–28°C, with cooler evenings around 14–18°C. A light jacket is recommended at night.
- **Nile Cruise / Luxor:** Warm, dry and sunny, with daytime temperatures around 28–32°C and comfortable evenings around 15–19°C.
- **Aswan:** Warmer than Cairo and Luxor, with daytime temperatures around 30–33°C and mild evenings around 17–20°C.
- Travellers should pack lightweight clothing, comfortable walking shoes, sun protection, and a light jacket or cardigan for evenings and early mornings.